



HAN International Intro

During our HAN International Introduction you will meet our buddies! With a variety of introduction activities, they help you to get to know HAN, your peers and your surroundings.

In the next few days you'll **receive an invitation** from the International Office to join one of the **International Office Welcome Meetings** on campus. In Nijmegen, the meetings for **exchange students will take place on Tuesday morning 24 August and for the Bachelors and Masters on Thursday morning 26 August**. So keep an eye out on your mailbox!

Kindly note that these meetings are in addition to the other introduction activities organized by your own study program. Make sure to check what's going on where by clicking on your study program on [this webpage](#).

MEET DAVID

"To all the incoming Bachelor, Master and Exchanges international students of HAN, a big welcome from the intro team!

I hope you're all already starting to pack your suitcases and imagining what life in the Netherlands will be like. What's the weather like (don't get any high hopes!)? What will I do in my free time? How should I find my way around? How am I going to make any friends? Well, that's what we're here for!



Us buddies are going to make sure you have a wonderful intro. We'll be there to guide you, find the best activities and of course help you with any problems you may have.

So for now, enjoy your restful summer and get ready for an energetic and fun time in the Netherlands. We look forward to welcoming you and helping you make your time here!"

~ David, Intro Buddy

WELCOME TO THE NETHERLANDS

ARRIVAL

It's almost time! You'll be arriving in the Netherlands soon.

Upon arrival in the Netherlands some of you are required to present a negative COVID-19 test result. People travelling within the EU who can show proof of vaccination or proof of recovery (a Digital COVID Certificate) do not have to show a negative COVID-19 test result. You must also bring a declaration bearing your signature.



The test must be conducted up to **24 hours before departure**. The result must be known before you depart for the Netherlands. Read about it on the [website of the Dutch Government](#). You must also fill in a [health screening form](#) if you are flying to the Netherlands, declaring that you do not have any symptoms associated with COVID-19.

Check the [website of the Dutch government](#) for more information and for the declaration and health screening forms. Here you can also find a [checklist for travelling to the Netherlands](#).

The Dutch government distinguishes three categories:

- Safe countries
- High risk countries
- Very high risk countries (outside the EU only)

Depending on whether you travel within the EU or you're entering the Netherlands from outside the EU, there are different measures in place, such as in some cases **self-quarantine**. Check if you're coming from a safe country, a high risk or very high risk country and what measures you need to follow:

- [Travelling to the Netherlands within the EU](#)
- [Travelling to the Netherlands from outside the EU](#)

ARRIVING AT SCHIPHOL AIRPORT

After your arrival at Schiphol Airport, you can **follow the signs** at Schiphol Airport that will guide you to the train station beneath the airport. Here you will be able to **buy your train ticket** at the blue and gray Public Transport Tickets machines.

These can be found at the **baggage belts of Arrival 3 and just outside Arrival 3, at the escalators up to Departure 3**. From there on you can hop on the train to Nijmegen!

If you can't find your way, please ask for help at the airport's service desks or people working at the airport. If no one is available, you can also contact the International Office: +31 26 365 81 32 (available from Mondays - Fridays, 9:00 – 17:00).

Due to the COVID-19 pandemic we cannot arrange the pick up service and transportation we usually do. Therefore we advise you to **withdraw € 100,- cash** from the bank to pay for your train ticket from Schiphol Airport to Nijmegen, and to pay for the taxi in Nijmegen that will drive you to your room. The costs for transportation from Schiphol to your doorstep will be refunded later on for those with a financial guarantee. So, keep hold of your receipt! If you can't find your way to the train station or if you have any other questions, please contact us on **+31 26 365 81 32** during office hours.

We also advise you to bring cash to cover your first few days in the Netherlands. Bring the

rest of your money in the form of a credit card or international bank or debit card. This is much safer than carrying cash with you. There are cash machines all over the Netherlands.

IMPORTANT!

We'd like to point out that it's **mandatory to wear a face mask** at all times when **using public transport** in the Netherlands. Make sure to always have a face mask at hand.

Kindly note that you are **not allowed to come to campus** if the self-quarantine measure applies to you (read below).

If you have a cold, you're sneezing and/or coughing a lot or if you have a high fever and don't feel well, make an appointment for a COVID-19 test by calling 0800-1202, the phone number of the Public Health Service (in Dutch: GGD) and let us know the results of your test as soon as possible by emailing us on InternationalOffice@han.nl.

Make sure to read the [COVID-19 measures](#) of the Dutch government regularly. There might be changes, so keep yourself updated!

Also, if you have questions or concerns on financial matters, education, immigration or other matters, please keep checking [HANuniversity.com](https://www.hanuniversity.com) for the latest updates and the newest measures concerning the Coronavirus at HAN.

SELF-QUARANTINE UPON ARRIVAL IN THE NETHERLANDS

Check in the article above if you need to self-quarantine upon arrival in the Netherlands. This quarantine requirement applies even if you have proof of vaccination or proof of recovery, and even if you don't have any symptoms or if you tested negative for COVID-19. The self-quarantine period of 10 days can be shortened by testing after 5 days

and having a negative result.

You can self-quarantine at your new (temporary) accommodation/room.

Please note! If you need to self-quarantine for 10 days upon arrival in the Netherlands, make sure you arrive on time to pick up the keys to your room so you can self-quarantine there. If you don't arrive on time, **you have to book a hotel room and you have to stay there during your period of self-quarantine!** After your self-quarantine period you can travel to your room.

Self-quarantine rules

Don't leave your accommodation or room. Do not travel or go to another location in the Netherlands. The following rules apply during self-quarantine:

- No visitors! Except for medical purposes (for example, a doctor or a GGD official);
- Only members of your household may be in your accommodation with you. Still, keep 1.5 metres distance from them as much as possible;
- If you need medical assistance, phone a general practitioner. For a list of GP's in Nijmegen, check [this page](#). Do not go to the GP or the hospital;
- Ask other people to do grocery shopping for you. Not possible? You may briefly go out to buy groceries. But only if you do not have COVID-19 symptoms. Wear your face mask;
- You may sit outside if you have a garden or balcony;
- Work from home. Not at your place of work;
- Do not use public transport;
- Do not come to HAN.

Still don't have any coronavirus symptoms after 10 days? Congrats! You can end your self-quarantine. Starting to experience symptoms after all? Report this to your study career coach and make an appointment for a COVID-19 test by calling 0800-1202, the phone number of the Public Health Service. Stay home!

Grocery shopping during self-quarantine

As mentioned before in the self-quarantine rules, you need to ask other people to go buy groceries for you. Not possible? You may go out briefly to buy groceries while in self-quarantine. But only if you do not have any COVID-19 symptoms. Wear your face mask.

Luckily, you can also do your grocery shopping online! Pay with your Visa, Mastercard or Amex at Jumbo Supermarkets (website is in Dutch only).

Need to go out to do your own grocery shopping? You can pay with your Maestro debit card or cash.

NOTE: only the following supermarkets accept credit cards:

- Jumbo supermarkets (Visa, Mastercard, Amex)
- Lidl supermarkets (Visa, Mastercard)
- Aldi supermarkets (Visa, Mastercard, Amex, Apple Pay, Android Pay)

No other grocery stores in the Netherlands accept credit cards. So it's always a good idea to have some cash (Euros) with you.

VACCINATION POLICY IN THE NETHERLANDS

GET VACCINATED!

In January 2021, the Netherlands started vaccinating the population. The aim is to reduce public health risks and scale down the restrictions.



And are you registered in the municipal administration here in the Netherlands and do you have a social security number (BSN number)? Then you are also eligible for a vaccination. Make an appointment to get vaccinated on [Coronatest.nl](https://www.coronatest.nl).

Is it compulsory to get vaccinated in the Netherlands? No, it's your own choice, but it's strongly advised. Make sure you are well informed, so you can make the right choice.

Good to know:

- > Vaccination is free of charge;
- > You get the shot in your upper arm;
- > The vaccine consists of 2 doses: you get the second dose 3 weeks after the first one. 7 days after the second dose you'll have maximum protection against COVID-19.

For more detailed information please check: [Getting vaccinated against COVID-19 | Coronavirus COVID-19 | Government.nl](#).



RECAP_

On our [dedicated Instagram page](#) we've been posting a lot of interesting content for you guys and there are still some videos coming up!

We shared important **need-to-know information** about moving to the Netherlands, **practical information** about starting your studies at HAN and **social content** to give you

the opportunity to already get to know the cities from a distance. Below you'll find a recap of our latest Instagram posts and **important additional information**. And if you haven't done so yet, **follow our Instagram page now**, or check our **webpage!**

Follow our Instagram
Introduction page



HAN SERVICES

Get started at HAN University of Applied Sciences by setting up your HAN account, HANCard and HAN e-mail.

ACCESS TO DIGITAL SERVICES

HAN ACCOUNT

Creating your HAN account is the first step you must complete in order to get **full access to HAN's digital services** and to receive your HAN student ID card upon arrival.

To **create your HAN account**, please [check this link](#).

Store your login and password

information for the HAN account on your phone so you will not forget! You will need it once you get to HAN!

Create your HAN account →



PAYMENT & IDENTIFICATION HANCARD

After you set up your HAN account, Bachelor and Master students need to fill in their **Dutch address** in [Studielink](#) in order to **receive** their HAN student ID card at their **home address in the Netherlands**. Exchange students will receive their HANCard from the International Office during the introduction.

After you received your HANCard, **upload money** onto it via the [KUARIO app](#) to copy, print and scan. You also need the card to identify yourself when entering an exam. If you have any questions regarding uploading money onto your HANCard, please contact the ServiceDesk via ASK@HAN.nl.

[HANCARD portal](#) →

FORMAL E-MAIL

HAN E-MAIL

To set up your HAN e-mail account, go to the main [HAN account page](#), fill in your login code and password. Click on HAN mail and once more fill in your login and password. Because of security settings you cannot adjust the HAN e-mail account to automatically forward your HAN mail to a private email account.

[HAN account page](#) →



HAN_UNIVERSITY
OF APPLIED SCIENCES

HOUSING_

In our previous newsletter, we mentioned your room was ready for you to officially move in **as of Monday 9 August 2021**.

We would like to clarify that this information is **only meant for students who received a voucher code from HAN Housing by email and have booked a room using the booking system called Book Your Room**. Or in case you are an **exchange student in Arnhem you have received emails about the allocation to the Montevia building**.

So, if you have not received any emails from HAN Housing about the voucher code or living in the Montevia building in Arnhem **there is no room reserved for you**.

Our apologies for any inconvenience this may have cost. We hope we have clarified the matter. In case you have any questions, please **contact HAN Housing directly via e-mail**.

IMPORTANT!

Please note! If you need to **self-quarantine** for 10 days upon arrival in the Netherlands, make sure you arrive on time to pick up the keys to your room so you can self-quarantine there. **If you don't arrive on time, you have to book a hotel room and you have to stay there during your self-quarantine!**

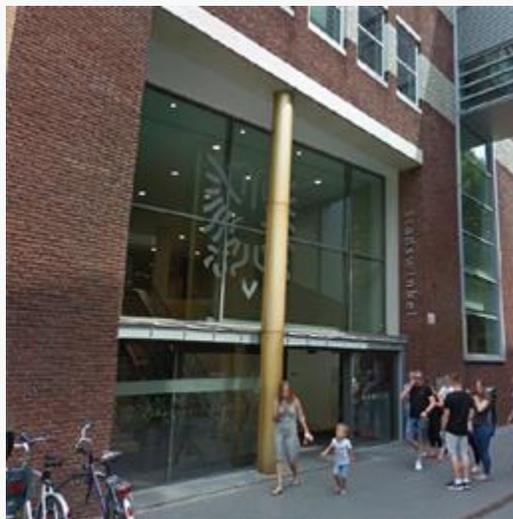
The self-quarantine period of 10 days can be shortened by testing after 5 days: with a negative result, you can travel to your room. If the test is positive, you need to stay and complete the 10 days of self-quarantine in your hotel room.



REGISTRATION

CITY HALL

If your stay in the Netherlands exceeds 4 months, it is mandatory to **register** as an international student at the city hall of your local municipality.



If you are **renting a room in Nijmegen through HAN Housing Office** the procedure for you is quite easy since we are going to forward your personal details to Nijmegen City Hall shortly*. Then all you have to do is read the instructions below carefully and make an appointment online with City Hall as soon as possible to complete your registration.

If you do not want us to send your details to Nijmegen City Hall, then please let us know before Wednesday, August 18, by sending an e-mail to the **International Office.*

If you have **found accommodation in Nijmegen yourself** you also need to follow the instructions below to schedule an appointment at city hall, but in your case your appointment will take a few minutes longer. **If your residential address is not in Nijmegen**, you will have to contact your local municipality yourself and ask for the registration procedure in place.

INSTRUCTIONS NIJMEGEN CITY HALL

If you are going to live in Nijmegen then you need to register at City Hall **location Stadswinkel** which is at **Mariënborg 30, 6511 PS in Nijmegen city center**, next to Lux Cinema. You have to **make an appointment online yourself between August 17 and August 20 or between September 1 and September 10**. The website is only available in Dutch but if you follow the directions below, it is a piece of cake:

1. Please CTRL-click on this link: <https://afspraak.nijmegen.nl/InternetAfspraken/> and fill out "student" in the search area; *zoek een activiteit* and press enter;
2. Click on: '**Inschrijving buitenlandse student**';
3. A Pop up screen appears with what items you need to bring. Click '**OK**';
4. Click on green button '**Ga naar stap 2**';
5. Click on the date of your choice in the calendar;
6. Click on a time frame below '**tijd**' to select a timeslot and click on the green button '**Ga naar stap 3**';
7. Please only fill out the mandatory boxes marked with a '*' on the screen, with the following information:
 - **Achternaam** (= surname)
 - **Geboortedatum** (= date of birth dd/mm/yyyy)
 - **Telefoonnummer** (= telephone number) Note: if your own telephone number does not work here then please use 0243530407 instead.
 - **E-mailadres** (= your personal e-mail address)
8. Click on the green button '**Ga naar stap 4**';
9. Click on '**bevestig afspraak**' if the details you see on the right are correct. If these are not correct, click on '**wijzigen**' to adjust it if needed;
10. You will receive a confirmation of your appointment per e-mail

After entering the building of the Stadswinkel on the date and time of your appointment, you have to take a number from the ticket machine. Please choose the following option: '**buitenlandse student inschrijving**'. The ticket will mention your number and the desk where you have to report. Please wait until your number is displayed on the electronic screen. An appointment usually only takes 10 min.

Please ask for assistance should you have any problems with this.

Please be on time!

DOCUMENTS TO BRING!

- A **valid passport or European ID card**;
- A **hard copy of your room contract or**, if you don't have a room contract, a **signed statement of the main occupant** which states that you are allowed to live at that address and you will need a **copy of the passport or ID of the main occupant**;
- Your **IND approval letter** where applicable (in case of visa/residence permit).

You will receive a confirmation of your registration (including your citizen service number, in Dutch '**BSN number**') at the end of your appointment. Please check whether your personal data in this document are correct. Keep this document safe as you might need it for official purposes. The BSN number is a unique personal ID number of every citizen who is registered in the population register (Municipal Personal Records Database) at the municipal authorities. This service number will be used by all government organizations and you also need this number when you want to **open up a bank account**.

Once you have received your BSN number from City Hall, you will be able to set up your **DigiD account** via this site: [DigiD | Home English](#). With this digital account, you will be able to easily identify yourself with several governmental institutions in The Netherlands. For instance if you wish to get tested for Covid-19 or receive the Covid-19 vaccination from the GGD. DigiD is a very handy tool that you will use a lot during your time here so we strongly advise you to set it up in due course.

IMPORTANT!

If it is absolutely not possible for you to have an appointment on one of the dates mentioned above then call the Steunpunt Stadswinkel (14 024) yourself to make another appointment. This may take a few weeks.

LEAVING THE NETHERLANDS?

If you are leaving the Netherlands for more than 8 months you must notify city hall. You can either make an appointment or download a form from the city hall website.

OPENING UP A

DUTCH BANK ACCOUNT

Some of you may want to open up a Dutch bank account for the time you are here. You can do so at any bank, but the procedures and requirements can differ quite a bit. For more information about the three biggest banks in the Netherlands and what they have to offer, check their websites:



- > [ABN Amro](#)
- > [Rabobank \(contact: +31 24 381 8500\)](#)
- > [ING Bank](#)

Follow the steps below to schedule an appointment to open your account.

1. **Schedule an appointment** at the bank of your choice.
2. **Keep your appointment.** No appointment means no service. So it is important that you stick to the original appointment slot assigned to you and to be on time. No more than 1 person per appointment!
3. **Bring your paperwork.**

In most cases you need to bring your **BSN number** (you'll receive this after registering at city hall), a **valid passport or EU IDcard**, a **hard copy of your rental contract** and a **Letter of Acceptance or Certificate of Enrolment** from HAN. Bachelor and Master

students can request this per e-mail from [HAN Vraagpunt](#). Exchange students receive their certificates of enrolment from the International Office during the introduction.

Do you prefer an online bank? You can also open a bank account at online bank [Bunq](#).

Please note!: We advise you to bring cash to cover your first few days in the Netherlands. Bring the rest of your money in the form of a credit card or international bank or debit card. This is much safer than carrying cash with you. There are cash machines all over the Netherlands.

Are you still under the age of 18? Then you can only open up a bank account if a parent or legal guardian is physically present at your bank appointment. If that's not possible, then please keep an eye on your mailbox. You'll receive an email from the International Office with further information on how to get your finances straight.



WORKSHOP

DUTCH CULTURE AND LANGUAGE

On Wednesday nights 1 September and on 8 September, we organize an amazing **workshop** especially for you, our new international students!: **Dutch Culture and Language**. Don't miss it!

Make sure to **sign up a.s.a.p.** as there are only **limited places available** and the **deadline is Friday, August 20 12:00 hrs**. After this date, we will let you know right away if you have a spot in one of the workshops or not: fingers crossed!

Sign up →

For more tips check our [HAN Incoming International Students Facebook group!](#) ;) Make sure to **register**, and follow our [Facebook page](#) while you are at it. Check out our [Instagram page](#) as well. This page is full of interesting cultural and social content.



Enjoy your remaining summer vacay and we'll see you VERY soon!

Best regards,

HAN International Office

#haninternational

COLOFON_

You received this email on naomi.plass@han.nl, because you are enrolled at HAN University of Applied Sciences.

INTERESTING LINKS_

Insite
International Office



**OPEN UP
NEW
HORIZONS.**



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